

## Manning leads Colts past Steelers



FAX • MONDAY, NOVEMBER 10, 2008

metronews.ca



## Wood sick of false Manson stories

## Police unsure about alleged Pizza Corner shooting

JENNIFER TAPLIN  
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**ALLEGATIONS** A man alleges he was shot at Pizza Corner yesterday morning, but police can't confirm it.

He showed up at the QEII hospital after 3 a.m. saying someone shot him in his right thigh. He said he got into an argument with a man at Pizza Corner and they started fighting. He told police the incident happened around midnight — three hours before he went to the hospital.

But Sgt. Richard Gilroy said on Sunday afternoon that the victim was no longer co-operating with police.

"He says it happened at Pizza Corner, but we can find no crime scene," he said.

But police are still investigating and Gilroy said they're going to try to talk to the victim again. He was released from the hospital yesterday.

**Metro will not publish on Remembrance Day. The next edition will appear Wednesday.**

Entertainment p13



## Life mirroring West Wing



Symphony Nova Scotia trumpeter Curtis Dietz joins the choir from the back of the balcony yesterday evening during the Remembrance Service at St. George's Round Church.

# Musical Remembrance

### Conductor draws rave reviews for music honouring veterans

PAUL MCLEOD  
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**Remembrance Day presents a unique challenge to musicians — how do you elicit emotion without being heavy-handed?**

"The main thing is the music needs to be moving. It can't be trite. It can't be... simplistic. But you don't want to get into the realm of being overblown," said Paul Halley, conductor of the choir of St. George's Anglican Church in Halifax.

Halley was faced with the challenge of crafting the music for St. George's

Remembrance Day ceremony last night. He wanted something powerful without being "too maudlin."

He went with a mix of the traditional and unconventional. Symphony Nova Scotia trumpeter Curtis Dietz would join the choir from the top of the back balcony. His horn mingled with voices, forming a cacophony of melody.

"What's great to me about having Remembrance Day acknowledged

in a church like St. George's is that it falls in a 2000-year-old tradition... that deals with loss," said Halley.

"And it's been dealing with this for 2000 years. And it's gotten really good at it. So when I'm choosing the music, I need to make sure it fits in that whole tradition."

Of course, traditional doesn't have to mean old. Alongside church and Remembrance Day standards, Halley chose the

1981 John Tavener hymn Funeral Ikos and a musical version Lawrence Binyon's poem For the Fallen.

To Halley, the key seems to be not to try too hard. He said Remembrance Day services are inherently very powerful. The music needs to compliment that, rather than try to be drastically different.

"It wasn't like a special service. It was evensong, but the focus of it was on Remembrance Sunday," he said. "And the focus was on those who gave their lives."

The music drew rave reviews from the congregation.

"It was a wonderful serv-

## Remembrance Day

### Memorial services

#### HALIFAX

- Halifax Grand Parade (Mayann Francis, Lieutenant-Governor of Nova Scotia, will be in attendance as well as representatives of the federal, provincial and municipal governments, the Canadian Forces, the Royal Canadian Legion, the Merchant Marine, the RCMP, veterans and cadet organizations. The Stadacona Band of Maritime Forces Atlantic, under the direction of Lieutenant-Commander Raymond Murray, will provide both the ceremonial music and entertainment.)

- Camp Hill Cenotaph
- Point Pleasant Park
- Cenotaph at 7 Sussex Street, Spryfield
- Korea War Memorial on Stratford Way in Clayton Park West

- Maritime Museum of the Atlantic (Merchant Navy Veterans and Norwegian Veterans. Begins at 12:30 p.m.)

- Royal Artillery Park.
- Boer War Memorial, NS Legislative Grounds

#### BEDFORD

- Fish Hatchery Park

#### DARTMOUTH

- Sullivan's Pond
- Cole Harbour Place Cenotaph, Forest Hills Parkway
- Caen Legion Branch 164, 1341 Main Road, Eastern Passage

#### LOWER SACKVILLE

- Sackville Heritage Park, Memory Lane

#### PORTER'S LAKE

- Cenotaph in Porter's Lake, across from Superstore

#### WAVERLEY

- 1166 Rocky Lake Drive (Legion Property)

#### WHITES LAKE

- Atlantic Memorial, Atlantic Legion, Whites Lake — Royal Canadian Legion

ice," said World War II veteran Hugh Tilley.

"I really liked the business of having the trumpeter. It makes an atmosphere that otherwise you don't get."

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# Local



## Holiday transit service tomorrow

The buses operating on Tuesday will pull over at 11 a.m. for a moment of silence to remember Canada's veterans. Transit and the Alderney Ferry Service will operate on holiday hours tomorrow, and there will be no Woodside ferry, MetroLink, or Community Transit operating on Remembrance Day. METRO HALIFAX

### News in brief

**LAYOFFS** In a brief statement Thursday, officials with Precision Finished Components, a manufacturing division of Magna International Inc.'s Magna Powertrain operating unit, informed its workforce that it will be immediately laying off 17 workers at its North Sydney plant. According to the company, the layoffs reflect the difficult economic conditions facing the North American auto industry due to reduced domestic production and customer demands. Sydney-Victoria Liberal MP Mark Eyking said the announced layoff highlights the need for government to address the current economic slowdown.

**AGENCY** An independent review of the Sydney Tar Ponds Agency last summer found the organization was dysfunctional and wracked with internal conflict, leading government and other stakeholders to lose confidence in the agency's ability to clean up the tar ponds on time and on budget. Recently, the provincial NDP used a freedom of information request to access the review and other associated communications, and raised them Thursday in the House of Assembly. Cape Breton Nova MLA Gordie Gosse says issues such as cost control seem to have gotten away from government. "Things are so bad that the Tories had to hire a consultant to tell them why the agency they put in place to clean up the tar ponds mess was in such a mess itself," said Gosse.

METRO HALIFAX

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**Lotteries**  
Friday, Nov. 7 Lotto Super 7 5, 7, 8, 27, 42, 44 & 46 Bonus 6 Saturday, Nov. 8 Lotto 6/49 2, 3, 19, 28, 36 & 45 Bonus 39 These results are not official.



# Sisters moving house

## After 50 years, Mount Saint Vincent Motherhouse is coming down

DEVIN STEVENS  
for Metro Halifax



**For the first time in nearly 50 years, the Catholic nuns who have been such a big part of Mount Saint Vincent University have a new home — while their old one will come down this winter.**

"Moving is difficult sometimes, but they're doing just fine," said Ruth Jeppesen, spokeswoman for the Sisters of Charity.

The Mount Saint Vincent Motherhouse is the head office for the 500-strong international organization.

Sisters of Charity focus on spreading education, health care and spirituality in foreign countries.

The sisters have lived and worked on the Rockingham property since 1872, and have lived in the motherhouse since it was built in 1959.

The building will come down this December.

The Sisters of Charity have played a key role in the development of Halifax for more than a century. The congregation established a number of charities, along with the Halifax Infirmary in 1886, and Mount Saint Vincent itself in 1873.

The motherhouse was built to house 900 sisters and students.

Over the years it was renovated to include a retirement centre, health care facility, and a girls elementary and high school.

The nuns moved to their new Sisters of Charity Centre, built on the same property, last week.

It includes a retirement residence for 100 nuns, along with space for ad-

ministration and archives.

While the move was needed, the old building housed many memories.

"Of course there's sadness," Jeppesen said.

"But ultimately the sisters are very practical people. They don't hang on to what they don't need.

That's part of being a sister."

Much of the building is being reused.

The pipe organ and stained glass will be donated to other churches in the city, and auditorium seating will go to theatres across the province.

Other items will be sold at auction later in November.

**"Of course there's sadness. But ultimately the sisters are very practical people. They don't hang on to what they don't need. That's part of being a sister."**

Ruth Jeppesen

ShareYourViews

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PAUL MCLEOD/FOR METRO HALIFAX

The Mount Saint Vincent Motherhouse will be demolished this winter after housing hundreds of nuns for nearly 50 years.

## Permanent metal detectors needed, attorney urges

**COURT** Dozens of knives and razor blades that come through the Halifax court house show a permanent metal detector is needed, crown attorneys say.

"It's a minimum security measure," said Rick Woodburn, president of the Nova Scotia Crown Attorneys Association. "Metal detectors are standard in most courthouses across the country."

"It's a volatile place where people are involved in criminal activities," he said.

Crown attorneys have been tackled from behind, punched in the courtroom, threatened and harassed.

So far, the metal detector has led to the confiscation of jackknives, boxcutters, syringes and an imitation handgun.

NDP justice critic Bill Estabrooks said the recent haul shows Crown attorneys are right to demand a permanent metal detector.

He said the legislature has one, and it seems only fair that the courts should have one too.

Christine Mosher, the Justice Department's executive director of court services, said that 11 recommendations were recently made in a 2007 independent review of courthouse safety, and committees were struck to review local issues.

Mosher said any changes would have to come as a result of recommendations from the local committee.

LINDSAY JONES/METRO HALIFAX

### Currently...

- The metal detector is not a permanent fixture at the Halifax provincial courthouse.
- Each day, sheriffs assess the potential security risk and bring a metal detector in if necessary.

## First World War saw medical breakthroughs in brain research

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It could be war's silver lining.

Medicine, like technology, advanced considerably during wartime.

A Dalhousie neurologist said doctors at a casino-turned-hospital in France during the First World War rewrote a few textbooks on the brain.

"War forces medicine to be reactive," said neurologist Mark Sadler.

His predecessor Gordon Holmes mapped out the vision centres of the brain from examining so many traumatic head injuries during the First World War.

"They often would get 300 admissions in a single day of seriously injured guys who were only a few miles from the battlefield," Sadler said.

Horribly understaffed,

Holmes and his colleagues tended to the wounded all day, then sat down with the injured at night to conduct vision tests.

"After all the day's work is done, that's when they would do their research. These guys had unbelievable stamina, Holmes and his coworkers."

They examined hundreds of soldiers with gunshot wounds in the head, and mapped out the vision centres of the brain.

"By doing hundreds of cases they slowly built up an understanding of what parts of the brain were responsible for vision," Sadler said. "And that was new knowledge in the English-speaking world." In an earlier conflict, a Japanese doctor came to the same conclusions, but

it was never published, Sadler explained.

High-velocity bullets were the reason this kind of specific research could be done.

"If a musket ball hits you in the head then your brain is blasted to bits. Some of these guys had very discreet lesions from a high-velocity injury that doesn't completely destroy the entire brain," Sadler said.

"That's how they were able to look backwards to see what were the deficits these individuals had."

What Holmes discovered in the First World War still holds water today. Sadler said he teaches medical students to examine the cerebellum is all based on what was learned by Holmes in the First World War.

**"War forces medicine to be reactive."**

Mark Sadler



**Guides earn democracy honours**

About 125 Girl Guides got spiffy democracy badges after touring the Democracy 250 pavilion at Pier 21 on Saturday. They had to successfully complete a D250 challenge to earn their badges. **METRO NEWS SERVICES**

# School boards could punish members

LINDSAY JONES

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**School boards may suspend a member for up to three months and recommend a member be fired under a proposed law to curb unruly behaviour.**

Under the proposed new Education Department rules, five of the nine members of the Halifax regional school board would have to agree to discipline

one of their own.

But some say there should be better checks and balances in the system.

Ken Meech, executive director of the Nova Scotia School Boards Association, says a two-thirds majority — or six out of the nine members — would prevent abuse.

“Hopefully it never has to be used, but ... a simple majority is a little bit too easy,” he said.

Dartmouth school board

## Board rules

• To view all the new rules, visit <http://www.gov.ns.ca/news/details.asp?id=20081107002>

representative Gin Yee was one of the Halifax regional school board members fired by Education Minister Karen Casey in 2006, after she decided the board was dysfunctional. He was re-elected to the new board last month.

Yee agreed boards need more power to discipline disorderly members, but said he's worried the rule could be used for the wrong reasons, unless it's subject to a two-thirds majority.

“I want to make sure the censure rule is used for the right reason, not a personal attack or any personal issues,” Yee said.

Education Department spokesman Peter McLaughlin said the minister went with a 50 per cent plus one

majority to empower the board, and give its chair greater control over the behaviour of a potentially disruptive member.

“We needed to make it less difficult to mete out discipline,” McLaughlin said. “A two-third majority, in our view, would have made it more difficult on a board to take disciplinary action.”

Under the proposed rules, any board member who is disciplined may appeal to an adjudicator.

## News in brief

**WEAPONS** Police received a call around 2 a.m. on Saturday informing them that someone had pulled out what looked to be a gun in a parking lot. Police went to a Ridge Valley Road address but found the suspect had driven off in a black vehicle. The vehicle was stopped at the Rotary and searched. Police found bear spray, which they believe was mistaken for a gun. An 18-year-old man was arrested and charged with weapon possession.

**PEDESTRIAN HIT** A 14-year-old girl was hit by a car in parking lot on Saturday. Around 7:45 p.m., the girl was hit in a parking lot off of Lacewood Drive. She was taken to the IWK with non-life-threatening injuries.

**BANK HEIST** A man held up the TD Canada Trust on the Bedford Highway on Friday night. Shortly before 7 p.m. A man walked in and handed over a note that said he had a gun and he wanted money. He took the money and left on foot. Police describe him as a white man in his 40s, 180 pounds and about 5'10" tall.

**COCAINE** A pair of street-level busts Thursday resulted in drug charges. Police pulled over a car on Sybil Court in Fairview. They seized cocaine from the 26-year-old driver. Later that night, a Pontiac was pulled over on Granville Street in downtown Halifax. More cocaine was seized and a 24-year-old woman was charged with trafficking.

**ROBBERY** A man impersonating a government official allegedly robbed a home in Windsor on Friday. At about noon the man gained entry to the house and took off with some money. RCMP caught the suspect, who was on parole at the time. **METRO HALIFAX**

## Home deposit laws unveiled

**REAL ESTATE** The province has introduced new legislation to protect deposits on new homes.

A report by Novus Consulting Group found there wasn't enough protection for deposits offered to those buying new homes under construction. It also found concerns about poor construction.

The new law, introduced at the legislature Friday, would require builders to place new home deposits in trust, so that if their home isn't built, they could get their money back. The province also plans to create a registry of builders and developers and introduce a mandatory home warranty program for all new condos.

For more information, read the report at [www.gov.ns.ca/snsmr](http://www.gov.ns.ca/snsmr).

METRO HALIFAX

## Forum Early Santa sightings



Peggy Bennett stands by Santa Claus figures made by her and her mother at Christmas at the Forum yesterday. It was the 31st year for the annual holiday-themed arts and crafts festival

# Student stress swelling

DEVIN STEVENS

for Metro Halifax



Halloween decorations are down, papers, exams and midterms are piling up, Christmas is creeping up the calendar, and flights home need to be booked.

It's a busy time of year, and some university students are starting to get stressed out.

“I will be worried,” said Sheldon Crouse, a first-year science student at Dalhousie University. The 18-year-old hasn't bought a single Christmas gift, plus he's got at least a half-dozen assignments due in the weeks ahead.

“In a couple weeks, I'll be terrified.”

Pat DeMeo, with Dalhousie's student academic

success services, says this is a stressful time of year for students. Her department is always steady, but right now they're busier than ever.

“Midterms are coming all at once, assignments are piling up, and they're looking ahead to final exams,”

**“Often students will let things build up to the point where they're in a crisis situation.”**

Pat DeMeo

DeMeo said.

“Some of the biggest needs students have now is knowing how to manage their time.”

DeMeo said first-year students are hardest hit. They're used to getting good marks without trying. Now, in their first term, they're realizing university isn't as easy as high school. Some come in cry-

ing.

“Often students will let things build up to the point where they're in a crisis situation,” she said. “We want people to come in at the first sign that they're starting to feel worried.”

DeMeo said her department can usually help students feel like they're in control again. She says setting a schedule is important, but students

should be specific. Instead of planning to study biology, they should plan to study certain chapters at certain times.

“They should include in that things they're going to do for fun,” DeMeo said. “People need breaks, people need fun, silly things, exercise. Whatever is going to nourish people's body and spirit to keep going.”



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A B.C. Supreme Court jury has found a university law student guilty of manslaughter in a stabbing death outside a country club in West Vancouver more than two years ago. Sasan Ansari, 29, had originally been charged with second-degree murder in the death of Joshua Goos, 27. **CBC NEWS ONLINE**

# Canada



## Prison Taser use on hold

The program aimed at introducing Tasers into Canadian prisons is on hold as authorities for the Correctional Services of Canada plan to assess two recent reviews of stun-gun use. The most famous of those reviews involved the death of Polish immigrant Robert Dziekanski, who died on Oct. 14, 2007, after being stunned by RCMP officers at the Vancouver airport.

METRO NEWS SERVICES

## PM set to meet premiers

Harper, provincial leaders to discuss economic crisis

**A push for infrastructure spending and misgivings about Canada's equalization program will top the agenda today when Prime Minister Stephen Harper meets with premiers and territorial leaders to discuss the global economic crisis.**

But don't expect quick fixes to the turmoil that is threatening Canadian jobs and investments.

That was the caution voiced by the Prime Minister's Office, which is billing

**"Obviously we are in a period of global economic instability. There are no easy solutions."**

Stephen Harper

this afternoon's political summit as an "exchange of ideas" in advance of Harper's trip to Washington next weekend to talk about the economy with G20 leaders.

"Obviously we are in a period of global economic instability. There are no easy solutions," Harper told reporters on the weekend.

But premiers are coming to the meeting seeking action, including increased investments in infrastructure and aid for a battered manufacturing sector that has left thousands of people out of work.

Harper called the first ministers' meeting the day after the Oct. 14 election in response to the economic

meltdown. All provincial and territorial leaders are expected to attend with the exception of Alberta Premier Ed Stelmach, who is on a trade mission to Europe.

Infrastructure spending is also expected to be high on the wish list of Premiers, who will make the argument that such investments create a vital economic stimulus while providing long-term benefits for communities.

TORSTAR NEWS SERVICE

## Loonie's drop could be helpful: Flaherty

**DOLLAR** Canadian manufacturers will eventually benefit from a sharp drop in Canada's dollar by encouraging exports to the United States, Finance Minister Jim Flaherty said, but in the short term, the volatility will disrupt planning by businesses.

Flagging U.S. demand means auto-related businesses and other manufacturers in Ontario and Quebec will not immediately reap the benefits of the weakened Canadian dollar, Flaherty said in an interview with Bloomberg News that appeared on its website late Saturday.

The Canadian dollar plunged against its U.S. counterpart last month as commodity prices

swooned. Last year, Canada's currency rose to a record against the greenback as demand for commodities produced in Canada surged.

"That kind of volatility isn't good for business, because businesses need to plan and you can't plan when you get dramatic movements in currency valuations," said Flaherty, who was in Sao Paulo, Brazil, for a meeting of G20 finance officials to discuss the global financial crisis.

The currency's decline "is a benefit to our manufacturers and exporters in central Canada, which will take time to show in the real economy, but it will show," he said.

REUTERS

## Dumont, ADP down in the polls

**QUEBEC** After nearly toppling the provincial Liberals in the 2007 Quebec election, the Action démocratique du Québec party and its leader, Mario Dumont, have come under fire from disillusioned former members of the party.

With another election less than a month away, the polls indicate the ADQ will be in tough to maintain its status as the official opposition. The polls have the ADQ in third place well behind the Liberals and the Parti Québécois.

TORSTAR NEWS SERVICE

## Vimy Remembering the fallen



CHRIS WATTE/REUTERS

A colour party marches away from the Canadian National Vimy Memorial following a Remembrance Day ceremony to commemorate members of the Armed Forces who have been killed since the First World War in Vimy, France, yesterday.

## News in brief

**REMEMBRANCE** A higher-than-expected demand for poppies means some Royal Canadian Legion branches in B.C. have already run out.

**CRISP** Autopsy results on the body of a Barrie, Ont., teen found three weeks after he ran away from home reveal he died of injuries to his chest that are consistent with a fall from a tree.

**SHOOTING** A retired Toronto

police officer is in hospital after his wife was shot to death in their Mississauga, Ont., home yesterday. Detectives won't say whether Larry Ryan is another victim or a suspect in his wife Susan's slaying.

**BODY** Police have identified remains found in rural Strathcona County near Edmonton in August as those of a 14-year-old boy who has been missing since June 29.

METRO NEWS SERVICES

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**Headphones could interfere with pacemakers**

A small, new study revealed yesterday that placing the ubiquitous ear buds or other headphones which contain magnets too close to the chest could interfere with the proper functioning of pacemakers used to keep hearts beating at their proper rhythm. **REUTERS**

# World/Business

## Ambitious agenda planned

**The economic crisis will not stop President-elect Barack Obama from expanding health care, overhauling education and energy policy, and passing a middle-class tax cut soon after he takes office in January, senior aides said yesterday**

Meanwhile Congress should act to ease the pain of an economy sliding into recession by extending unemployment benefits and boosting aid to states

### Obama keeping to his routine

Barack Obama has said he is going to continue to try and keep his life for his family as normal as possible ahead of their move to the White

House in January. He's been keeping the same routine of cooking breakfast for his kids and hitting the gym nearly every day.

struggling to meet their health care obligations, they said.

Obama's transitional team has outlined an ambitious agenda for the

next several months as it scrambles to assemble an administration in the face of what is widely viewed as the worst economic slump since the Great De-

pression.

The economic crisis will not prevent Obama from pursuing the priorities he outlined on the campaign trail, said John Podesta, co-chair of Obama's transition team.

These include extending health care to the nation's 47 million uninsured, reducing U.S. reliance on foreign oil, and improving public education, Podesta said.

**REUTERS**

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## Business

## World leaders mount new efforts against recession

**China approved a huge stimulus plan yesterday worth nearly \$600 billion US, part of a new global push by leading economies for measures to offset an expected recession in many countries.**

China's official Xinhua news agency said the world's fourth-largest economy approved a \$586 billion US government spending package between now and 2010, focused largely on infrastructure and social projects.

In Brazil, finance ministers and central bank governors representing 90 per cent of the world's economy said they would work on ways to fend off the backlash of the credit cri-

sis, either through higher spending or further interest rate cuts.

World leaders meet in Washington next weekend to try to agree on what kind of measures their governments need to prepare in the coming months, and to discuss the lessons learned from the credit crisis.

**REUTERS**

### Seeking reform

In a communique, the G20 said it saw the need for comprehensive reform of the Bretton Woods institutions, such as the IMF and World Bank, "so that they can more adequately reflect changing economic weights in the world economy."

## Indonesia Bali bombers killed



A policeman stands guard in front of villagers during the funeral procession of Bali bomber Imam Samudra in his home village in Serang, West Java province yesterday. Thousands of Indonesians poured onto the streets for the funerals of three militants executed yesterday for the 2002 Bali bombings, causing some clashes between police and emotional supporters. The two explosions on Oct. 12, 2002 killed 202 people, including 88 Australians and 38 Indonesians.

## Italian PM burned for suntan joke

FRANCE French first lady Carla Bruni-Sarkozy says she is glad not to be Italian any more after hearing Italian Prime Minister Silvio Berlusconi joke about U.S. President-elect Barack Obama's "suntan."

Italian-born Bruni-Sarkozy, who wed French President Nicolas Sarkozy in February after a whirlwind romance, became a French national and lost her Italian citizenship after her marriage.

In an interview with French newspaper Le Journal du Dimanche published yesterday, she criticized Berlusconi for saying on Thursday that Obama, who will be the first black U.S. president, was "handsome, young and also suntanned."

**REUTERS**



Carla Bruni-Sarkozy

## Regulars roll back Tim Hortons visits

RETAIL Tim Hortons said it plans to introduce more value-priced combination meals and close up to 15 underperforming U.S. outlets, to boost sales and profits.

Canada's largest fast-food chain said customers are visiting the outlets less often as fuel prices spiked in summer and economic uncertainty grows — even the most loyal are beginning to "ration scarce dollars," the company said.

**TORSTAR NEWS SERVICE**

### In brief

**AUTOS** General Motors Corp. reported another huge quarterly loss of \$2.5 billion US that will prompt more cuts, including 500 extra layoffs in Oshawa. The company warned it could run out of cash and go broke next year, and added merger talks with Chrysler have been postponed.

**ECONOMY** Canada added 9,500 net new jobs in October, showing resilience amid the global financial crisis. Still, the jobless rate crept to 6.2 per cent from 6.1 per cent in September.

**TORSTAR NEWS SERVICE**

### News in brief

**HAITI SCHOOL** Rescuers at a collapsed school in Haiti are ending the hunt for survivors and will soon demolish the remains of the building, where at least 87 people were killed. Haiti, the poorest country in the Americas, is recovering from four tropical storms and hurricanes that killed more than 800 people and destroyed 60 per cent of its crops in August and September.

**PROTEST** Several thousand people gathered in Los Angeles on Saturday evening to protest a voter-approved ballot measure that bans same-sex marriage in California. A diverse crowd, estimated at 5,000, stretched for blocks chanting against Proposition 8, a constitutional amendment that bars the state from recognizing same-sex marriages.

**REUTERS**

## Nuclear submarine deaths rock Russia

**KREMLIN** Twenty people were killed on board a Russian nuclear submarine, the navy said yesterday, in an accident that exposed the gap between the Kremlin's ambitions and its military capability.

The accident, which happened while the submarine was on sea trials in the Pacific Ocean, was the deadliest to hit Russia's navy since the Kursk nuclear submarine exploded beneath the Barents Sea in 2000, killing all

118 sailors on board.

Prosecutors investigating the latest incident said they suspected the victims died after inhaling a toxic gas used as a fire suppressant when the vessel's fire extinguishing systems went off unexpectedly.

The navy did not identify the submarine. Russian news agencies quoted naval sources as saying it was the Nerpa, classified by NATO as an Akula-class attack submarine.

**REUTERS**

**20** The number of people who died on a Russian submarine yesterday. They are believed to have inhaled a toxic gas.

# metro's kool

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# Comment & Views

## Comment

## Laughs not always easy

HineSight

Anne Hines



Years ago, my younger daughter, Becky, asked what I do for a living. I said I write humour about my life. Her lip trembled. "I don't want people laughing at my mother." I had to be honest. "Sometimes they don't."

The challenge of writing humour is there may be 50 ways to say something, but only one of them will be funny. I don't always manage to find it.

I was at a dinner party recently, sitting beside a woman who said, "I read

your article in the Metro."

Me: Oh yes.

Her: It was about garbage sales.

Me: Garage sales?

Her: I didn't think it was funny.

I spent a half-hour trying to explain it to her. By the time I finished, it no longer seemed funny to me either.

People will acknowledge the authority of doctors, hairstylists and taxidermists. When it comes to funny, we all think we know best. You can tell someone they have no morals, no manners or no imagination, but suggest they've got no sense of humour and they'll really take offence.

Another challenge of

writing humour is, I don't always feel funny.

Take, oh, I don't know, today for example. I'm with my older daughter, who's undergoing gender reassignment surgery. For those wondering what that is ... well ... when you fill out your medical form on arrival you tick off the "F" or "M" box. When you leave, you tick off the other one.

I spent today in a hospital hallway, sitting with my ex-husband, Michael, waiting to hear that our beautiful brave daughter now has, as she puts it, "a body her mind can make sense of." It was one of those times in life when I could have used a good

laugh. Not because I needed entertainment. But because I needed to be reminded to hope.

I couldn't think of anything. What I did think was, "I wish they were more liberal about who could have those morphine drips," and "This is not exactly the way I pictured my life working out."

Procedure over, our daughter safe, well and comfortably asleep, we made our way out of the clinic. I noticed a nearby lawn sign. There was one of those plywood storks announcing the family had just had a baby. "Look, they had a boy," I said.

Michael answered, "Yes, well, they think that now." And, finally, we laughed.

Anne Hines is an author and humour writer. She has written three novels and one collection of non-fiction humour.

**"The challenge of writing humour is there may be 50 ways to say something, but only one of them will be funny."**

## Views

## Healing is a long and complex process

By MONIA MAZIGH

Five years ago, on Nov. 6, 2003, my husband, Maher Arar, spoke publicly about his ordeal. I was sitting beside him at this press conference, listening to him describe the horrible conditions he endured for a whole year in a Syrian prison.

Upon his release in October 2003, I had one idea on my mind: Keep my family together and enjoy one another. But with every passing day, I came to realize that our lives had changed forever and that we can never change by switching to a "normal mode" with a press of a button. The healing cannot happen overnight — it is a long and complex process.

Last year, as part of this long process, I decided to write a book to speak about my life during the time my husband was in prison, but also to reflect



Monia Mazigh

on the meaning of events that happened to us as a family. After the events of 9/11, the world entered a new era, where suspicions, religious beliefs, travel, and business dealings can trigger a whole range of security procedures with terrible consequences, such as deportation, imprisonment, and torture.

The year Maher was in prison, I learned new things about myself, and also about Canada. I

learned that in our weakest moments, we can strangely find strength. I also learned that Canada is no longer the idealistic country I immigrated to, where citizens' rights were respected. I lost hope in many people but I also found new friends.

Friends who did not take our rights and freedom for granted and politicians who did not play the games of partisanship, but instead looked far and defended their vision of Canada.

Every day during that year I did something to bring justice to my husband and keep my faith in the democratic system, either writing a letter to ministers or meeting with organizations — all this helped me to keep hope that things would eventu-

ally change. While I was doing this, I had to raise my two children and face the hardship of finding a job. It was mainly my role

as a mother that kept my feet grounded and gave me courage to continue a battle that many people, including myself, saw as lost in advance.

But I didn't get discouraged and I kept raising his case and convincing people around me that my husband Maher needed justice more than anything else. Eventually, I was heard and Maher came back to Canada. He came as a broken man, changed forever, and we had to learn to re-discover one another.

Monia Mazigh, who lives with her family in Ottawa, is the author of *Hope and Despair: My Struggle To Free My Husband Maher Arar*. The book launched in Ottawa Nov. 6.



MICHAEL DE ADLER

## Letters

Bill McKinnon,  
EASTERN PASSAGE

Who is this person who objects to horses and ponies in Ferguson's Cove?

The owners of the condemned equines have identified themselves, as have their neighbours. They have exposed themselves as the fine people they are.

But what about the plaintiff? Let him stand up and show himself. Then we may know better what is what. The accused people keep a horse and pony. What is the plaintiff keeping? Is it a monster in his psyche?

Some people lash out at others because of their own emotional or spiritual disease.

Might not whatever the plaintiff be hiding be more dangerous to the people of Ferguson's Cove than any innocent horse, pony or other family pet?

Sheldon Doyle, HALIFAX

Using the term "hydro" to describe electric power is an inaccurate provincialism that is used in places like Ontario.

In Ontario, it now relates to the names of the various utilities that provide the electric services and not the product, of which the increased price is the issue.

It is certainly not an appropriate term to use here in Nova Scotia.

Susan Wellmann,  
BLACK POINT

I just read your story on the front page of Metro, "Disadvantaged hardest hit by 9.4 per cent hydro hike." (Nov. 6).

I assume you are from Toronto, otherwise you would know that Nova Scotia uses coal, not hydro, for fuel.

The fact that this totally false sub-headline made it to the front page is appalling.

Please check your facts!

## METRO Halifax

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**Shop around for fashion deals**

You may be able to find valuable vintage designer clothes at a fraction of the price from charity stores and recycled-clothing boutiques, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha. **METRO NEWS SERVICES**

7

# Going Green

## Oil and water don't mix

Each year, Canadians dump and spill the equivalent of seven Exxon Valdez tankers of used motor oil into Canadian waterways. If you change your own motor oil, don't pour it into the gutter, down a sink or drain, bury it or dump it. One litre of motor oil can contaminate one million litres of water, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha. **METRO NEWS SERVICES**

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONews.CA

# The answer is blowin' in the wind

## ScienceMatters

**David Suzuki & Dr. Faisal Moola**



Energy underpins everything we do. Human societies have become increasingly complex, requiring ever larger-scale sources of continuous energy. Now, energy fuels not only our activities, but our economies, as well. If we don't choose our energy sources wisely, we can do more harm than good. Non-renewable energy sources such as fossil and

nuclear fuels are not sustainable and have also taught us that technological advances often come at great cost. These fuels can never be a long-term solution because they will run out. They also create emissions that pollute our air, water, and soil, and contribute to global warming or long-term radioactive-waste problems.

Renewable energy sources will not run out, and they don't cause the same kinds of environmental problems as non-renewable sources. But that doesn't mean we should adopt renewable energy without any forethought. Biofuels can create problems if fuel production comes at the expense of food production. And wind power, if not properly planned and

**"Renewable-energy technologies are creating employment and giving economies a boost around the world."**

sited, can harm birds and bats (although Danish studies of 10,000 bird kills revealed that almost all died in collisions with buildings, cars, and wires; only 10 were killed by windmills).

Alternative energy sources are absolutely necessary. Global warming will kill birds and bats, as well as other species, in much greater numbers than wind power. We just need good planning to ensure that our energy production is balanced with ecological concerns. And we need to believe in our

ability to develop solutions.

The mental attitude that underlies the way we approach any challenge is a huge part of how well we deal with it, and it applies at national and global levels, as well. For more than 20 years, leading scientists have warned us that the dangers of runaway global warming are so great that we cannot continue along the same path. Yet the response (usually led by the fossil-fuel industry) has been, "It's junk science" or "It's too expensive; it will destroy the economy," or

"It's impossible to meet the reduction targets." These kinds of reactions demoralize or paralyze society.

Renewable-energy technologies are creating employment and giving economies a boost around the world. Countries like Denmark and Germany started shifting to renewable energy sources after the OPEC oil embargo in the 1970s. Today, Denmark obtains 20 per cent of its energy from wind power and is aiming at 50 per cent by 2020. Germany obtains 14 per cent of its energy from wind, is the major exporter of wind technology, and has created more than 82,000 jobs in the wind sector, and more than 200,000 total renewable-energy jobs. Wind

power has become the country's fastest-growing job creator over the past three decades.

Even the U.S. Energy Department has concluded that wind power could become the source of one-fifth of that nation's power by 2030, and other studies have shown that wind, solar, and biofuel energy could create five million U.S. jobs by 2030.

The problem with making major inroads on the climate challenge is not a lack of solutions; it is a lack of will.

Take David Suzuki's Nature Challenge and learn more at [www.david-suzuki.org](http://www.david-suzuki.org).

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

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New York Yankees pitcher Andy Pettitte filed for free agency yesterday after repeatedly saying he hopes to return to the club next year. Yanks GM Brian Cashman said last week he wants Pettitte to return, but the 36-year-old said Friday he hadn't heard from the team. **METRO NEWS SERVICES**

# Sports



## Remember, the Titans are 9-0

Kerry Collins, left, threw for 289 yards and two touchdowns as the Tennessee Titans beat the Chicago Bears 21-14 yesterday to remain the NFL's only undefeated team, despite rushing for just 20 yards in the game. The Titans play the Jaguars next Sunday and the New York Jets Nov. 23.

METRO NEWS SERVICES

SPORTS@METRONEWS.CA

## Colts find life, beat Steelers

### NFL ROUNDUP

Colts 24, Steelers 20

**Peyton Manning threw for 240 yards and three touchdowns, including the go-ahead score to Dominic Rhodes with 3:04 to play, and the Indianapolis Colts hung on for a 24-20 win over the Steelers, their first win in Pittsburgh in 40 years.**

The Colts franchise last won in the Steel City in 1968 and had gone 0-12 in Pittsburgh, including the playoffs, between that win and Sunday. Reggie Wayne had six catches for 114 yards, and Tim Jennings made a big interception to set up the go-ahead score for the Colts (5-4), who have won two straight to get back above .500 on the season.

### PATRIOTS 20, BILLS 10

Matt Cassel threw for 234 yards and also rushed for a score as New England bested Buffalo, 20-10, at Gillette Stadium. Cassel completed 23-of-34 passes for the Patriots (6-3), who have won three of four. After the Jets' 47-3 thrashing of St. Louis, New York and New England are tied atop the AFC East with the clubs slated to meet on Thursday. Trent Edwards hit on only 13-of-23 passes for 120 yards, one touchdown and two interceptions for the Bills (5-4), who have dropped three straight games and four of five.

### N.Y. JETS 47, RAMS 3

Thomas Jones ran for 149 yards and three touchdowns, as the New York Jets scored early and often on the way to a 47-3 rout of the St. Louis Rams at the Meadowlands.



Mewelde Moore of the Pittsburgh Steelers is tackled by Keyunta Dawson of the Indianapolis Colts yesterday.

The Jets made it a laughter by scoring on each of their seven offensive possessions and adding another score on defense in the first half. The Rams helped with four turnovers, as New York

opened a 40-0 cushion after 30 minutes and cruised in the second half on the way to the largest margin of victory in franchise history. The previous record was 42 in a 45-3 triumph over the Houston Oilers on Sept. 18, 1988.

### DOLPHINS 21, SEAHAWKS 19

Ricky Williams ran for 105 yards and a touchdown to help the Dolphins pull out a 21-19 victory over the Seattle Seahawks. The Dolphins (5-4) notched their third straight win to remain a game behind the New York Jets and New England Patriots for first place in the AFC East. Elsewhere in the NFL it was Atlanta 34 New Orleans 20; Baltimore 41, Houston 13; Minnesota 28, Green Bay 27; San Diego 20, Kansas City 19; Jacksonville 38, Detroit 14; and Carolina 17, Oakland 6.

METRO NEWS SERVICES

## Bosh beats Bobcats

### NBA RESULT

Raptors 89 Bobcats 79



**THE SKINNY:** Chris Bosh had 30 points and 15 rebounds, and the Toronto Raptors pulled away late for an 89-79 victory over the Charlotte Bobcats yesterday.

**THE DAGGER:** Andrea Bargnani scored 18 points for Toronto, including a key 3-pointer with less than six minutes to go that put them ahead to stay.

**O-FOR-J.O.:** Jermaine O'Neal was held to five points, all on free throws, going 0-for-5 from the field. He did pull down nine rebounds however, including three on the offensive glass.

**FURIOUS FOURTH:** The two sides then swapped the lead six times in the first five minutes of the fourth quarter. But Bosh took control, outscoring the Bobcats team 14-12 in the final frame.

**THE QUOTE:** "That's what it's about. We don't let things discourage us. That's what I like about this team this year — no matter how things are going, we don't hang our heads. We just figure out how we're going to play things better and we stay in the game mentally." —Bosh after the game.

**THE STAT:** Bosh became the second player in Raptors history to pass the 7,000-point mark in career scoring. He now has 7,011 points.

**THE NEXT GAME:** Tonight against the Celtics in Boston.

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Dal begins quest with win

The Dalhousie Tigers began their quest for a 23rd straight Atlantic University Sport men's volleyball title on the weekend with a sweep of the Memorial Sea-Hawks. The Tigers posted straight-sets victories yesterday and Saturday. **METRO NEWS SERVICES**

Mixed results for Dal on The Rock

**AUS BASKETBALL** The Dalhousie Tigers women's basketball team received a rude awakening on The Rock this weekend. The Tigers, pegged as one of Atlantic University Sport's teams to beat, lost their first two games of the season against the Memorial Sea-Hawks in St. John's, N.L., suffering a 72-69 defeat yesterday and a 75-71 setback on Saturday. Jenna Kaye had a team-high 31 points for Dal, including a 17-point, 10-rebound, nine-assist outing yesterday. On the men's side, the Tigers split, blasting the Sea-Hawks 98-53 yesterday after losing 74-71 on Saturday. Guard Simon Farine had a huge weekend, totalling 53 points, including a game-high 28 yesterday. Josh Beattie added 39 points and enjoyed a huge 26-point game yesterday.

Huskies top New Brunswick again

**AUS HOCKEY** The Saint Mary's Huskies men's hockey team is taking it to the New Brunswick Varsity Reds this season. The Huskies, who didn't beat the V-Reds all of last season, topped the defending Atlantic University Sport champs for the second time in as many weeks with a 4-2 victory on Saturday in Fredericton, N.B., to climb to fifth place at 5-4. The seventh-place Dalhousie Tigers (3-5) split, beating the St. Thomas Tommies 4-3 on Friday and losing 5-4 to the nationally second-ranked Moncton Aigles Bleus on Saturday.

METRO NEWS SERVICES

SCOREBOARD

CFL

**SATURDAY'S RESULTS**  
Edmonton 29 Winnipeg 21  
B.C. 33 Saskatchewan 12

**SATURDAY, NOV. 15 GAMES**  
**EAST CHAMPIONSHIP**  
Edmonton at Montreal  
**WEST CHAMPIONSHIP**  
B.C. at Calgary

CIS FOOTBALL

**YESTERDAY'S RESULTS**  
**DUNSMORE CUP**  
Laval 28 Concordia 17

**SATURDAY'S RESULTS**  
**YATES CUP**  
Western Ontario 31 Ottawa 17  
**LONEY BOWL**  
Saint Mary's 29 St. Francis Xavier 27  
**HARDY BOWL**  
Calgary 44 Simon Fraser 21

**SUNDAY NOV. 16 GAMES**  
**MITCHELL BOWL**  
Saint Mary's at Western Ontario  
**UTECK BOWL**  
Calgary at Laval

NHL

**YESTERDAY'S RESULTS**  
Atlanta 5 Carolina 2  
Edmonton 2 New Jersey 1  
Chicago 6 Calgary 1  
San Jose at Phoenix  
Florida at Anaheim

# Huskies win Loney Bowl

## X misses key late-game field goal for second straight year

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**The ending was just as sweet for the Saint Mary's Huskies; just as devastating for the St. Francis Xavier X-Men.**

Saint Mary's beat St. F.X. for the second straight year in the Atlantic University Sport Loney Bowl on Saturday, squeaking by with a 29-26 edge to claim their eighth championship in a

decade before 4,162 fans at Huskies Stadium.

The Huskies, who carried a three-touchdown lead of 25-6 into the second half, nearly blew the game in the dying minutes but were spared overtime when X-Men kicker Kyle Chisholm missed a 42-yard field goal with 30.4 seconds left.

"It came down to the wire," Huskies defensive back Jeff Zelinski said. "I give them credit for coming back into the game, for

playing their heart out and never giving up. We couldn't put them away, but it felt great to win it in the end." A Justin Palardy field goal provided the Huskies' only second-half offence while the X-Men stormed back. Steve Snyder delivered highlight-reel touchdown strikes of 25 and 69 yards to Mark Metulynsky and a 75-yarder to Akeem Foster. The ending was a case of deja vu for the Huskies, whose march to

the Vanier Cup continues Sunday in London, Ont., against the Western Ontario Mustangs in the Mitchell Bowl. Chisholm also had the game on his foot last year, kicking from 41 yards for the win with 2:07 remaining. "They got a lot of momentum in the third and fourth quarters, but we were still making plays and making the best of every situation," Zelinski said. "That was the key."

X-Men head coach John Bloomfield spoke for his team, his voice wavering as he fought back tears with several veterans kneeled nearby, hanging their heads in dejection.

"Last year, it hurt a lot, for a long time, and this one will too," Bloomfield said. Bloomfield said Chisholm's miss wasn't a difficult kick, but that "it happens."

"He's capable of kicking a 42-yard field goal, otherwise we wouldn't have attempted it," he said. The Huskies haven't played Western yet, but will have their hands full with the country's third-ranked squad. "We haven't seen them, they haven't seen us," Huskies receiver Carl Hardwick said. "We think we're a better conference, and I think we're going to show that next week."



Creighton threw for 198 yards and two touchdowns against St. F.X.

## Rookie Creighton passes big test as Huskies' QB

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

Jack Creighton followed in the footsteps of the man he was replacing on Saturday, winning game MVP as he led the Saint Mary's Huskies to a Loney Bowl victory. The 6-foot-4 rookie quarterback, filling in for an injured Erik Glavic, threw for 198 yards and two majors on 12-of-17 passing, including touchdown tosses of 10 yards to Ryeane Warburton and nine yards to Carl Hardwick. For the first time all season in a win, the Huskies passed more than they ran and Creighton was unflappable. "Jack Creighton was the key to this game," Hardwick said. "I was really impressed with him. In the huddle, he showed so much composure. We're really proud of that guy."

Creighton, who started the season fifth on the depth chart, had as much pressure on his shoulders as anyone and handled it well. He is expected to start the rest of the way.

"Just relax, have fun and do your thing," said Creighton, of his approach to the game. "I had lots of time with the O-Line in front of me, and the receivers played great."



The Huskies celebrate their 29-27 victory over the St. Francis Xavier X-Men in the Loney Bowl at Huskies Stadium on Saturday afternoon. The Huskies now take on the Western Mustangs in the Mitchell Bowl.

# Cheremetiev heats up in wake of MacMillan injury

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

Logan MacMillan's injury has been a tough blow for the Halifax Mooseheads, but Yuri Cheremetiev has found a way to turn it into a positive.

The 19-year-old forward had two goals, an assist and eight shots in Saturday's 7-4 home loss to the Moncton Wildcats, who

are now 17-0-2 and continued their assault on the QMJHL record book with their ninth straight road win. Cheremetiev was promoted to the top line after MacMillan went down for a month with a knee in-



Cheremetiev

jury. He has five goals and four assists for nine points in his past seven games.

His linemate, Tomas Knotek, had a four-point night on Saturday and has eight points in three games.

"Whenever you play more on the power play and first line, you're going to produce more," said Cheremetiev, who had just a goal and an assist in his first 11 games.

"Moving up has definitely helped me. It feels good to finally be getting numbers, but it would feel a lot better if the team was getting wins."

The Mooseheads (7-14) won't be back at the Metro Centre until Nov. 25.

They open a six-game road trip on Wednesday against the Rimouski Oceanic, the first of four games in five days.

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Late last month, higher-ups at the University of Toronto announced it's endowment fund has experienced a decline and the university is not currently able to assess how the economic decline will affect its ability to borrow in the future. **METRO NEWS SERVICES**

# Workology

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

## The Lowdown

**Job title:** Prosthetist  
**Salary:** \$50,000 to \$80,000  
**Best Part of the Job:** "Working with the team here. They are so smart, they are so creative and we play off each other."  
**Worst Part of the Job:** "When people are here due to disease and when that illness takes hold, it's pretty damn sad."

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## OddJobs

**Diane Peters**



"Wouldn't it be neat if you built an MP3 player into my leg?" the 14-year-old boy said to Bryan Steinnagel.

"We've been waiting for someone to ask for this!" Steinnagel replied. The 37-year-old prosthetist from Bloorview Kids Rehab in Toronto and his team of technicians got to work making the boy an artificial leg that integrated his music player and let him plug

his headphones in at the hip.

Most of the time, clients just need a plain leg. Some were born without one, or they've lost a limb because of an accident or cancer. Steinnagel meets with them and their families to talk about their lifestyle and hobbies. He then takes a plaster cast of their remaining limb — to get the fit right — and sketches out the rest of the leg.

Using fibreglass, plastic resin and other materials, the team creates some parts of the leg, and orders others (knee joints and feet are particularly hard to make).

Clients test the leg for

two weeks, then Steinnagel makes modifications and uses foam core and fibreglass to hide all the connecting parts and "make it pretty." For some, that means dressing it up with crazy fabric or flame decals.

The process takes just over a month, and costs between \$10,000 and \$50,000, some of which is covered.

Steinnagel first heard of this career when he met a prosthetist at a job fair in university. Born in Hamilton as the son of a carpenter, he got into art in high school and studied physical education in university. The prosthetist told him the profession integrated tools, creativity and knowledge of

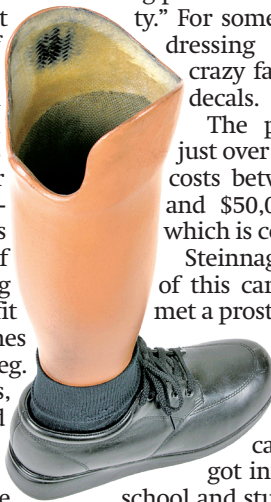
the human body. He had experience with all three. "I can do that," he thought.

In Canada, there are just three schools that train prosthetists and orthotists (who make braces and splints) and the program at Toronto's George Brown College accepts only eight students a year. It took Steinnagel three tries.

He'd been working as a certified prosthetist for five years when the job came up at Bloorview. It was unique to work with kids; most amputees are older people with vascular disease or diabetes.

"It was very different," he recalls. Their emotional responses to getting an artificial leg were often intense.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.



## How to empower business and province

**JON TATTRIE**  
for Metro Canada



**Barb Stegemann believes we should all look to the past to deal with the present.**

Stegemann, author of The 7 Virtues of a Philosopher Queen and founder of Citizens for Halifax dug through the annals of the Greek Stoics for four great virtues, and then added three more aimed specifically at women in the work-

place. They can, she believes, also help Nova Scotia follow N.L. and B.C. out of have-not status.

Stegemann, who left a successful career in communications to self-publish, was raised in poverty by a single mother. That background "empowers me to help connect people with their buying power, their voting power."

"The virtues are really important," the Antigonish native says. "They can get you through any hardship,

whether it's economic downturn or physical hardship."

They come battle-tested: Stegemann used them to make her book a success. She invested her own money to publish it and then wondered (one of her favourite virtues) what would happen if she called the head of Chapters Indigo. Friends told her she was mad. She called Heather Reisman anyway. "No fear!" she laughs. "(Reisman) put my book in all the stores."

Stegemann, a mother of two, spent eight years working with business and political leaders in B.C. and has brought what she learned back home.

"When I landed in B.C., it was a have-not province, and I helped flip that economy. Nova Scotia can do the same."

But that will take courage. Fear drives a lot of life, especially in Nova Scotia, she says. She often discusses the ideas that helped turn B.C. around, to mixed response.

"These are new ideas to a lot of people ... and it scares them," she says. "But it's honest, it takes courage if you want to make change."

One way to do that is to embrace wisdom.

"Wisdom is the gift you get every time something scary comes your way and you face it head on," she says. "You gain wisdom, and the next time you face something terrifying, you know what to do."

Wonder stretches you out of your comfort zone, allows you to think creatively about problem solving, and then you can snap back.

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**Two-hour *Lost* premiere rumoured**

ABC insiders say that the fifth season of the Emmy-nominated *Lost* will premiere with a two-hour event on Jan. 21, at 8 p.m. **EW.COM**

**11**

# Entertainment

**Whoopi on Mars**

Comedienne Whoopi Goldberg is in for a gender-bending new role — the actress has been cast to play a man on a new episode of U.S. TV drama *Life On Mars*.

IMDB.COM

## Feist performance simple, fantastic

Amherst-born singer made Metro Centre feel more like a quaint bar

**PHILIP CROUCHER**

philip.croucher@metronews.ca

**It was one woman and her guitar with about 3,500 sets of eyes glued to the stage.**

Midway through her concert at the Halifax Metro Centre on Friday night, Canadian singer-songwriter and international star Feist stood alone in a circle of lights — a spotlight shining down on her.

She performed three songs that made you further appreciate just what a wonderful musical talent she really is.

There was no back-up band behind her as they left the stage. There was no screaming voice coming out of her mouth. There was no over-the-top lighting show.

No, it was just Feist performing music in its simplest form, and succeeding with every word, thanks to wonderful guitar playing and a sweet, tender voice that spouts lyrics with sincerity and believability.

Those three songs, which included *Honey Honey* and *Intuition*, were a definite highlight of the 90-minute concert, which was entertaining and enjoyable throughout.

Sporting an all-white outfit from her dress down to her shoes, the Amherst-born Feist delivered an intimate performance with her four-member band that made you feel you were sitting in a quaint bar listening to her perform instead of a large arena.

From favourites like *Mushaboom* and *My Moon My Man* to *1234* and *Sea Lion Woman*, Feist had the crowd in the palm of her hand with each and every performance.

As she sang, artistic images were displayed on a large projection screen behind her that came off as cool as she is.

"Can I ask — is everybody doing alright out there?" Feist said to her fans, before blowing them a kiss and singing *How My Heart Behaves*.

Her encore featured three songs, including Feist on the piano performing *The Water*, which was inspired by a trip to *Peggy's Cove*. She followed that with *Secret Heart* and *Let It Die*.

Before her final number, Feist thanked the audience for coming out.

"Thank you so, so, so, so, so much," she said in an appreciative voice.

No, Feist, thank you.



Canadian singer-songwriter Feist performs at the Metro Centre on Friday night. Ontario's Hayden was the opening act for Friday night's show.

## Hat trick for Wintersleep at Music NS Awards

**PHILIP CROUCHER**

philip.croucher@metronews.ca

**AWARDS** Wintersleep was the big winner at last night's Music Nova Scotia Awards at the John Brother MacDonald Stadium in New Glasgow.

The Halifax rock band took home three awards, including album of the year and group recording of the year for their hit release *Welcome to the Night Sky*. Wintersleep also received the SOCAN songwriter of the year award, honouring band members Paul Murphy, Tim D'Eon, Loel Campbell and Jud Haynes.

The band couldn't attend the show because they are currently touring the U.S. A representative from Sonic Records accepted on their behalf.

Also enjoying a big night was Cape Breton's Tom Fun Orchestra, which won the *Galaxie Rising Stars* new group/artist recording of the year and entertainer of the year awards, the latter of which was voted on by fans online.

Male artist recording of the year went to Old Man Luedecke for *Proof of Love*. Earlier in the day at the music and industry awards brunch in Stellarton, Luedecke also won for folk artist album of the year. Female artist recording of the year went to Christina Martin for *Two Hearts*. She also won earlier in the day for pop/rock recording of the year.

The other award handed out last night was video of the year, which went to Rebekah Higgs for *Parables*.

Last night's awards show was hosted by Pictou County's own George Canyon. For a complete list of winners, visit [music-novascotia.ca](http://music-novascotia.ca).

## Suzie McNeil enjoying the fruits of her labour

**PHILIP CROUCHER**

philip.croucher@metronews.ca

**CONCERT** Suzie McNeil knows she's come along way from her days on the CBS reality show *Rock Star*: INXS three years ago.

### If you go

- **WHAT:** Suzie McNeil
- **WHERE:** Casino Nova Scotia's Schooner Showroom
- **WHEN:** Tonight at 8 p.m.
- **TICKETS:** Cost \$25. Phone 451-1221 or visit [ticketatlantic.com](http://ticketatlantic.com).

But sometimes the Toronto singer needs a friendly refresher on this, as she lives the busy and hectic lifestyle of a music star.

"My mom likes to remind me to realize and take notice on how far I've come," said McNeil, who will perform an intimate acoustic style show tonight at the Casino Nova Scotia's Schooner Showroom. "It's hard. A lot of people on that show with me are still struggling, so I am proud of what I've done."

McNeil is especially proud these days, as her second album, *Rock-n-*



Suzie McNeil performs tonight at Casino Nova Scotia.

Roller, was released last week. After going through some management and business problems in the making of her debut CD,

**"My mom likes to remind me to realize and take notice on how far I've come."**

Singer Suzie McNeil

*Broke And Beautiful*, McNeil is now enjoying the fruits of her labour and proving she isn't a one-album wonder.

"This (new album) is the reaction of me working so hard on the first one. I personally busted my butt to take advantage of every opportunity that was possible

for it," she said. "This is almost like a reward for all my hard work."

The new CD already has a hit on its hands with *Let's Go*. There is also a stripped-down acoustic version of *Believe*, her huge single from *Broke And Beautiful*. *Believe* is being used as the theme song on NBC's *The Biggest Loser* and was chosen by Bell Canada as the official theme song and video for the 2010 Winter Olympics in Vancouver.

"It helps people and inspires people," McNeil said. "I'm honoured to be attached to it in anyway."

### In brief

**FESTIVAL** Bedford filmmaker Paul St. Amand's documentary *Parallels* was the top winner at last week's 2008 Triggerstreet Online Film Festival. Triggerstreet was founded by actor-director Kevin Spacey and producer Dana Brunetti. The panel of judges included Robin Williams and Jeff Goldblum.

METRO HALIFAX





Brothers Charlie Sheen and Emilio Estevez are to team up on the small screen for an episode of hit U.S. sitcom Two and a Half Men. Estevez will play a drinking buddy of his brother's character Charlie Harper in an upcoming episode. [IMDB.COM](http://IMDB.COM)

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

## Thriller hits No. 1 again

**Thriller is still racking up weeks at No. 1, more than 25 years after its release.**

Michael Jackson's monster smash has jumped 40 places to No. 1 on Billboard's Top Pop Catalog Albums with sales of 31,000 copies in the week ended Nov. 2.



Jackson

Sony BMG prepared a special version of the album for Apple's iTunes store, which offered

the release for just \$4.99 US last week. As a bonus — especially appealing to those in the mood for something scary to watch on Halloween — the download included the landmark music video for the title track.

Of the album's overall 28,000 unit gain, 99 per cent of it was made up of digital downloads. **REUTERS**



**ON BLU-RAY HI-DEF AND DVD NOVEMBER 11**

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Bernie Mac and Samuel L. Jackson play a reunited R&B duo in the comedy Soul Men.

## Soul Men falls flat

### Soul Men

**Director:** Malcolm D. Lee

**Starring:** Bernie Mac, Samuel L. Jackson

**Rating:** 18A

**Rating:** ●●

**ROBYN YOUNG**  
for Metro Canada

**Soul Men is a blast from the past in both its plot, about the reunion of a '60s-era R&B group, and its tired 1982-style script and direction.**

The humour hinges on raunchy, unoriginal jokes that include everything from masturbation and nose picking, to unkempt privates and Viagra-pill-popping.

But the late Bernie Mac — he died in August — and Samuel L. Jackson deserve at least some credit for their smoother-than-expected grooving as the aging and forgotten mem-

bers of the band Marcus Hooks and The Real Deal.

Mac plays a less-funny version of himself as Floyd Henderson, now running a car wash chain, and Jackson is transformed from his Snakes on a Plane genius to Henderson's reformed-criminal sidekick Louis Hinds.

After decades apart, the duo reunites when lead singer Marcus Hooks (John Legend), who shot to fame after dropping the guys in the late '70s, dies. The crooners decide to try their moves one last time for Hooks' star-studded memorial and tribute.

Four days of debauchery ensue as they roadtrip across the country to New York City's Apollo Theatre for the performance. Along the way, they try to work out the differences that tore them apart, including their shared love of a woman.

Director Malcolm D. Lee

includes all the usual road-tripping antics: Time in jail, sex with a mother-daughter duo, and ongoing chase and fight scenes with a group of gangsta' rappers they rubbed the wrong way.

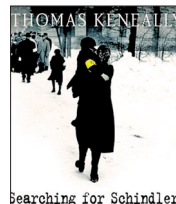
There's nothing new in this film except for maybe the pairing of Mac and Jackson and in this sense, it's almost comforting in its mindless predictability. It follows a familiar, time-tested formula: In other words, don't worry about getting up to go to the bathroom.

Soul Men's one saving grace is that it's Mac's final performance and for this reason, it may end up generating more box-office returns than it otherwise would have.

For Mac fans, it might be worth the time and money to see him for the last time on the big screen. And for anyone else, it's a rental at most.

### Book Picks

## The story behind the story



Searching for Schindler

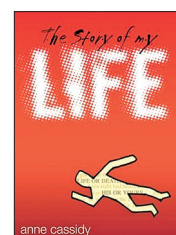
### Searching for Schindler

**Author:** Thomas Keneally

**Publisher:** Random House

**Price:** \$28.00 (Hardcover)

If you enjoyed the Holocaust survival book Schindler's List, Searching for Schindler gives you the story behind the story. Booker Prize winning author Thomas Keneally, who also penned Schindler's List, returns to how he did so in his new memoir. Keneally begins when he first learned about the triumphant story of Oskar Schindler, who helped free over 1,000 Jews during the Holocaust, from a luggage shop owner in Beverly Hills in 1981. The memoir unfolds as the pair travel the world, hearing the stories of those saved by Schindler.



### The Story of My Life

**Author:** Anne Cassidy

**Publisher:** Scholastic Canada

**Price:** \$10.99 (Paperback)

Kenny Harris' new friend Mack has a dangerous past. When Kenny learns about a horrendous crime his friend committed, his friendship is thrown startlingly into question. With knowledge of Mack's history and after witnessing another of his savage crimes, Mack turns quickly from friend to foe. Mack sends Kenny to complete a mission for him, in his own dark vein. But with his girlfriend and family on the line, will Kenny be able to take on the task? In this young adult novel, Kenny must juggle time with big risk or the consequences could be life-changing.

**BRIAN COULTON/FOR METRO CANADA**

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**Ms Lori Ward** – Fund Development Manager – The Coady Institute, St. FX University  
**Mr. Paul Shakotko** – United Way of Halifax Region  
**Mr. Steve Foran** – Giveraising Development Services  
**Mr. Jacob Deng** – Wadeng Foundation  
**Dr. Michael Hall** – Imagine Canada

Join us at 5:30 at Pier 21 for the Atlantic Philanthropy Awards banquet. For more information visit [www.afpns.ca](http://www.afpns.ca) and click on National Philanthropy Day.

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Boy Wonder bounced

Batman's sidekick Robin has had his own TV show cancelled before it has even begun because "the concept doesn't fit the current strategy for the Batman franchise," the CW says. The Graysons was to explore Robin's alter-ego Dick (DJ) Grayson before he paired up with the caped crusader. [IMDB.COM](#)

Idol winner Cook set to release debut

**MUSIC** In just a few short months, David Cook went from no-name aspiring singer/songwriter to household-name American Idol winner.

His post-Idol single The Time of My Life debuted at No. 3 and has sold 970,000 digital downloads, according to Nielsen SoundScan.

Now Cook and the team at 19 Recordings/RCA are trying to keep the momentum going with his self-titled debut, due Nov. 18.

REUTERS

In brief

**MOVIES** Steve Carell is attached to star in The Beaver, a whimsical tale that's become one of the hottest scripts in town. The story, from first-time writer Kyle Killen, revolves around a man who walks around with a beaver puppet on his hand, treating it as something close to a human.

REUTERS

GlobalStyle

Kenya Hunt

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Things get eerie when TV, reality mix

IntelleVision



**EVEN I THINK THIS IS EERIE:** Parallels between The West Wing's last two seasons and the U.S. presidential race were laid out in detail by the New York Times a week before election day, with an enthusiastic chorus of writers and performers from the show eager to detail the similarities.

It was all pretty weird, but things are definitely getting out of hand now.

We all know by now that Jimmy Smits' Democrat challenger was based on Barack Obama, then a junior senator with little more than a single speech on his resume as a public figure, but with the appointment of Rahm Emanuel as Obama's chief of staff last week, we see the return of the inspiration for Bradley Whitford's Josh Lyman to the

White House, according to an US Weekly story.

Emanuel, who has been representing Illinois' 5th District in the House Of Representatives since 2003, and has been the Democrat's caucus chairman in the House since last year, was assistant to the president for political affairs and then senior advisor to the president for policy and strategy for Bill Clinton.

He's famous for the "rotten fish" and "steak knife" incidents (Google it) and earned the nickname "Rahm-bo" during his time in the White House, but is rumoured to have mellowed since then, at least according to a story released by the JTA news agency last year.

Rahm, who served as a noncombatant in the Israeli Army during the Gulf War and was offered a scholarship to join the Joffrey Ballet as a teenager, is also the brother of Ari Emanuel, the inspiration for Jeremy Piven's character on HBO's Entourage, which is where this all starts to get really strange, if you ask me.



GETTY IMAGES PHOTO

It's no secret that Jimmy Smits' character on The West Wing was based on Barak Obama.

I have a lot of questions for our neighbours to the south, but right now my main one is why, if they wanted The West Wing to stay on the air after Martin Sheen left office, they didn't give it better ratings?

It just seems like an extreme way to go about reviving a political fantasy;

hell, I'd hate to think what you'll do when they cancel Heroes.

The bright side, of course, is imagining the West Wing/Entourage crossover episode when Ari visits his brother in the White House and tries to get the First Lady ("But you've got to wear that

dress.") to do a cameo in Ocean's 14.

At this rate, TV critics will have to stop going to upfront week and apply for White House press credentials.

Rick McGinnis writes about music, movies, books and television, but not opera.

critics' corner

The Border

It may not specifically reference a certain breakaway sect of a certain Utah-based religion, but it's not hard to figure out which headlines this new episode is ripped from. Gray (Graham Abbey) meets his match while investigating a religious sect that's moving underage girls across the border to wed. James McGowan, Sofia Milos and Nazneen Contractor also star in "Articles of Faith." 9 PM on CBC



Boston Legal

Sometimes defending yourself comes at a price. This week, Jerry (Christian Clemenson) insists on defending himself in court when he's accused of aggravated assault after a run-in with a bully. Apparently turning the other cheek and kicking someone's butt are mutually exclusive. 11:02 PM on ABC

Afternoon of the Chimeras

So you think dance is boring? This film may change your mind. The cliffs, tide pools and other natural features of Haida Gwaii, the island cluster off northwestern British Columbia, are the stage on which dancers transform themselves through movement into such mythical creatures as centaurs and minotaurs. The dancers camped there for a month while making the film, which was shot by Daniel Conrad and choreographed by Aszure Barton. 11:30 PM on BRVO

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/10/08	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	Dancing With the Stars		Samantha Who	Boston Legal
	7	7	7	ASN	The Road to Avonlea		Robson Arms	TMZ (N)	Sarah Connor Chronicles	Two/Half Men	Samantha Who	The Mentalist
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Dragon's Den (N)		The Border (HDTV) (N)	CBC News: The National		The Hour
	2	2	2	CBC-F	Terre humaine	Pyramide (SC)	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)	Hauts		Le Téléjournal
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	Big Bang Th	How I Met	Two/Half Men	Worst Week
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	Les Auditions de Star Acadé		Annie et ses hommes (N) (SC)	Dr. House "Deux frères" (SC)		TVA 22 heures
	6	6	6	CHIF	Entertainment	ET Canada	Prison Break (HDTV) (N)		My Own Worst Enemy	Heroes "Villains" (N)		News (N)
	9	9	9	CJCH	etalk	Hollywood	CSI: Miami (HDTV) (N)		Dancing With the Stars		Corner Gas (N)	News (N)
	10	10	10	ELTV	EastLink Mag.	Fishing	Harv's Sportsland (Live)		Build It	Harv's Sportsland	EastLink Television	
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		Prison Break (HDTV) (N)	Fox First
primetime	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	Chuck (HDTV) (N)		Heroes "Villains" (N)	Worst Enemy
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour		CBC News: The National	William-Harry
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Chronicles		Antiques Roadshow		American Experience: 1929	Journey-Palom
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus		Antiques Roadshow		American Experience: 1929	Luther: His life
	68	68	68	TQS	(6:30) Le Retour (SC)	C'tune joke	Loft Story		CSI: NY (SC)	Bob Grattan	Les Voisines	110 pour cent
	23	96	96	BNN	Business News	Headline	Market Call	Berman's Call	Money Talks	Business News	Squeeze Play	Market Call
	18	18	18	CNN	(5) The Situation Room	Lou Dobbs Tonight			Campbell Brown: No Bias		Larry King Live	Cooper 360
	54	54	54	GOLF	Road Trip	Road Trip	The Turn (N)	Lessons	Lessons	Golf Central	World Golf Hall of Fame 2008 (N)	
	52	52	52	RSE	Prime Time Sports	Air Racing From Spain.			World Combat League		Best Damn Sports Show	Sportsnet Con.
	55	55	55	SCOR	Hockey Talk	Game On	RaceNight				(10:15) WWE Monday Night Raw	
news	45	45	45	SPD	Unique Whips		Pinks	Pass Time	This Week in NASCAR (N)		NASCAR Confidential (N)	Auctions
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey!	Monday Night Countdown		NFL Football San Francisco 49ers at Arizona Cardinals.		
	43	43	43	FAM	Zoeys 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Naturally Sadie	Han. Montana	Life Derek
	44	44	44	TOON	6teen (DVS)	Total Drama	George-Jungle	Bugs Bunny & Tweety Show	Wayside	Johnny Test	Futurama	American Dad
	26	26	26	TREE	Max & Ruby	Backyardigans	Wonder Pets	Night Grdn	Friend Rabbit	Franklin	Little Bear	Miss Spider
	27	27	27	YTV	Drake & Josh	iCarly	Malcolm-Mid.	Home Improve.	Malcolm-Mid.	Fresh Prince	Futurama	Prank Patrol
	16	16	16	A&E	Cold Case Files (HDTV)		CSI: Miami "Dead Zone"		Intervention "Chuckie"		Intervention "Marie"	I Survived
	70	70	70	APTN	News		Notre Peuple "Chute libre"		La Cité	Mishkuenita	Kabloonak *** (1994, Drama)	
	50	50	50	BET	106 & Park: BET's Top 10 Live			Hair Show ★ (2004, Comedy)	Mo'Nique, Kellita Smith, Gina Torres.			Top 25 Under
	37	37	37	BRVO	Street Legal "Sanctuary"		Desperate Housewives		Ballet Ruse			Bravonews
sports	25	25	25	CMT	Dedicated		All About (N)	Tara Diaries	Home Improve.	Home Improve.	Reba	Reba
	49	49	49	COM	Laughs	Comedy Now	Air Farce	Just for Laughs			Corner Gas	South Park
	153	153	153	COURT	W-FIVE		The Investigators		Cops Uncut	Dumb Criminal	Legal Briefs	Investigators
	38	38	38	DISC	Destroyed	Destroyed	Daily Planet (N)		MythBusters		Dirty Jobs	Worst Driver
	34	48	48	HGTV	Holmes on Homes		House Hunters	Property Virgin	My First Place	Home to Stay	Property Virgin	Marriage
	46	46	46	HIST	The Battle of Medak Pocket		NCIS "Call of Silence"		Underground War		Underground War	
	17	17	17	MM	Video on Trial	Video on Trial	Punk'd	Punk'd	Pimp My Ride	Pimp My Ride	50 Cent: Money and Power	MuchNews
	19	19	19	MMM	MusicProfile	mmmtop10.com		Revival	Listed		Coolio's Rules	Parental Advis.
	201	201	201	M1	(5:35) Casino Royale		Sanctuary "Nubbins"		Stargate Atlantis (N)		Californication	Little Britain
	48	23	23	OLN	The Amazing Race 5		Ed's Up	Videos	The Academy		Mantracker	Departures
family	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	The Peacemaker ★★ (1997, Action)		George Clooney, Nicole Kidman.	
	206	206	206	PIX	Queer Cinema	(7:45) Felicia's Journey *** (1999, Drama)	Bob Hoskins.		The Spy Who Loved Me (1977, Action)			
	67	67	67	TDI	TDI en direct	TDI en direct	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)	TDI en direct
	39	39	39	SHOW	Prime Suspect 6: Last Witness		Love-Death	Love-Death	Painkiller Jane		Kenny-Spenney	Rent-A-Goalie
	40	40	40	SLICE	Matchmaker	Til Debt-Part	End of Leash	ET Canada	Til Debt-Part	Newlywed	Beautiful	Party Mamas
	47	47	47	SPACE	Stargate SG-1 (DVS)		Lost "Fire Plus Water"		Star Trek		Battlestar Galactica	Eureka
	14	14	14	SPIKE	CSI: NY (HDTV)		CSI: NY "Time's Up"		CSI: Crime Scene Invstgtn.		Without a Paddle ★★ (2004, Comedy)	
	57	98	98	STAR	In Fashion	FashionTele	The Ellen DeGeneres Show		TMZ (N)	etalk	Scream Queens	Tonight Show
	21	21	21	TLC	What Not to Wear		Little People	Little People	Little People	Little People	Jon & Kate Plus 8 (N)	17 Kids-Count
	56	34	34	TROP	News Show	News Show	TV Made, Do It	Very Bad Men		What Happen?	Make or Break	TV Made, Do It
cable variety	20	20	20	TV5	Que.-champion	Journal de Fr2	Toute une histoire		Vie privée, vie publique "Bas les masques"			Partir autre
	28	28	28	V	Just Cause		Murder, She Wrote		Prime Minister	May-December	McLeod's Daughters (N)	Protestant
	60	97	97	VIVA	Mysterious Ways		Judging Amy		Commander In Chief		The West Wing	Truth, Duty
	22	22	22	W	House	Style by Jury	Will & Grace	Friends	How Clean	House	Love It or List It (N)	Real Est
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Gossip Girl (HDTV) (N)		One Tree Hill (HDTV) (N)	WGN News





Actress Sarah Jessica Parker says a sequel to *Sex and the City: The Movie* is still in the talking stage. Her announcement came after co-star Kim Cattrall seemed to hint that the follow-up film was a done deal. **PEOPLE.COM**

## Celebrity Buzz

# Wood tired of Manson rumour

**RELATIONSHIPS** Evan Rachel Wood is sick of the false reports circulating about why she and Marilyn Manson broke up, *People.com* reports.

"Manson and I both decided to take some time apart so we could concentrate on work. Someone used that opportunity to kick us while we were down and sell a completely false story," the actress said in a statement.

Stories of the couple splitting in a bitter fight over Wood's brother Ira, who had been living with the pair, getting kicked out of the guest house by Manson started popping up this week.

"Manson owns the house he lives in. My brother has never stayed

there and the person that said such horrible things about Manson being 'controlling' and 'emotionally abusive' is certainly no source 'close' to me," Wood says. "Manson has been by my side and taken care of me through the best and worst times. I love him as a person and as an artist. I will always be proud to have been a part of that."

"If any more attacks are made on us, it is the act of a desperate, selfish person who is angry to no longer be a part of my life. No further comment will be made and we request our privacy at this time."

Manson and Wood began dating in December 2006.

**METRO NEWS SERVICES**

# Cyrus hates sharing bathroom with boys

**PEOPLE** Miley Cyrus has vowed never to get married, *femalefirst.co.uk* reports.

The 15-year-old singer/actress doesn't want to tie the knot because she hates sharing a bathroom with the opposite sex.

"I'm never getting married because I can't take sharing a bathroom!" she says. "There were five of us on the tour bus recently and we all shared one bathroom. I shared it with three boys, including my dad. It was horrible. I'd have all my makeup out and someone would put

their toothbrush on top of it. That's disgusting! Then my brother used my toothbrush to comb his eyebrows one day. I was like, 'This is getting seriously ridiculous. I'm getting my own bus because I can't handle this!'"

Cyrus also revealed her celebrity status used to intimidate prospective suitors.

"I never got asked out, ever. I am just going to say it's down to the boys being intimidated," she added to *TOTP* magazine.

**METRO NEWS SERVICES**



# Kidman doesn't want nanny

**FAMILY** Nicole Kidman is refusing to hire a nanny to look after her baby daughter Sunday Rose, even if it jeopardizes her acting career, *imdb.com* reports.

The actress is besotted with the four-month-old, whose dad is Kidman's husband, country star Keith Urban, and can't yet bring herself to leave her alone

for a second. But she admits she will have to let go eventually or face retiring from acting altogether.

"I can't bear to be separated from Sunday Rose. That's why I haven't got a daytime nanny, but at some stage I probably will have one," Kidman tells *Glamour* magazine.

**METRO NEWS SERVICES**



# Drew's beau is face of K-Swiss

**NEW GIG** Actress Drew Barrymore's reported new beau Ed Westwick has signed on as the new face of footwear brand K-Swiss, *imdb.com* reports.

The 21-year-old *Gossip Girl* star will appear in a new TV and print campaign for

the trendy sports shoe company, which will launch in February, according to *E!* News Online.

DJ/producer Mark Ronson and singers Adam Levine and Ne-Yo are also in negotiations for new K-Swiss ads.

**METRO NEWS SERVICES**



# Macpherson to quit modelling

**CAREER** Elle Macpherson is retiring from modelling, *femalefirst.co.uk* reports.

Macpherson says she believes she is getting too old to walk down catwalks, and thinks it is time to leave that part of her life behind.

"I think I am a bit too long in the tooth to go back to all that," she says of strutting down a runway. "I think of myself more as a businesswoman these days."

She is now set to concentrate on her lingerie line Elle Macpherson Intimates.

**METRO NEWS SERVICES**



# Lewis wants to get married

**PEOPLE** Leona Lewis can't wait to get married, *femalefirst.co.uk* reports.

The 23-year-old singer, who has been dating electrician Lou Al-Chamaa since she was 17, is looking forward to settling down with her boyfriend and starting a family.

**METRO NEWS SERVICES**



# Renewed vows

**MARRIAGE** Former Spice Girl Mel B. and her husband Stephen Belafonte renewed their wedding vows on Saturday, *femalefirst.co.uk* reports. The couple flew their closest relatives and friends to Hurghada, Egypt, to make up for them missing their secret ceremony in Las Vegas last year.

**METRO NEWS SERVICES**



## FameThrower

Joe O'Neill



Joe's take on celebrities

Ever run into somebody you used to work or go to school with and they start talking to you and you can't quite place them? That's what I feel like every time I come across **Marilyn Manson's** name. My theory is that that, just as with fat white guys on *Saturday Night Live*, at any given time there can only be one super-edgy goth entertainer who represents everything that a talent agency executive assumes would frighten your grandmother. Right now, that guy is **Crisis Angel**, but it used to be Marilyn Manson.

Once, I recall Manson as that oddly attired purveyor of tunes that sound like they were stolen from **Alice Cooper's** reject pile. I can work backwards, like the star of *Celebrity Sludgepile*: *CSI*, to deduce that this **Evan Rachel Wood** person must be the latest actressish type who hitched her fame star to the fading shockmeister. But now they've broken up, and she is lashing out at those who've spread false rumours about the reasons why.

Wood just wants us all to know that Manson has taken her "through the best and worst times" since they began dating way back in 2006, and that she's proud of her contributions to his artistic oeuvre. That would consist of his 2007 album *Eat Me, Drink Me*, which judging from its sales, both ate it and sucked.

Now Manson can move on to the next phase of his career: Shocking people by e-mail.

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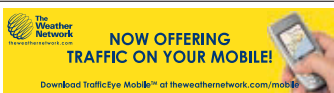
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Take Five

1	2	3			4	5	6		7	8	9	10
11			12		13				14			
15					16				17			
18				19		20		21				
			22		23		24			25	26	27
28	29	30				31		32				
33					34		35		36			
37				38		39		40				
41					42		43					
			44			45		46		47	48	49
50	51	52			53		54		55			
56					57				58			
59					60					61		

Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

					6	3		
				9	2		5	
6	2	7				9		
7			6		3		8	
	5						7	
	8		1		7			4
		1				4	5	2
		9		4	5			
		3	7					

Crossword across

- 1 Possess  
4 Beast of burden  
7 Frost  
11 USPS delivery  
13 Fun and games  
14 Foot fraction  
15 Capri or Wight  
16 Scratch  
17 Attend  
18 Larceny  
20 Netting  
22 AAA job  
24 Get smart  
28 Sleepwear  
32 Interruption  
33 "Once — a time ..."  
34 Jewel
- 36 Birds' home  
37 Pinochle ploys  
39 Worldly septet  
41 Houston team  
43 Friend  
44 Egyptian goddess  
46 Hook-nosed Muppet  
50 Titanic vanquisher  
53 Uppermost  
55 Lumber  
56 Provo's state ...  
57 ... and its country  
58 Beach stuff  
59 Carry on  
60 Pea house  
61 Fellows

Crossword down

- 1 Leave out  
2 Cleanse  
3 Cleopatra's river  
4 Upper limb  
5 Line of fashion?  
6 Threaded nail  
7 Timeline points  
8 Lennon's lady  
9 Performance  
10 Pi follower  
12 On both sides  
19 Huck's chum  
21 Part of R.S.V.P.  
23 "— the Dog"  
25 Fencing prop  
26 Cold War initials  
27 Household critters
- 28 Cougar  
29 Tarzan's clique  
30 Shock somewhat  
31 Wield a needle  
35 Clear the decks  
38 "Help!"  
40 Run-down horse  
42 Stop slouching  
45 Mediocre  
47 Ark builder  
48 Region  
49 Probability  
50 Plant prickle  
51 Timetable abbr.  
52 Took off  
54 Writing tablet

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

P	E	S	T	S		S	P	A		F	D	A
A	T	T	I	C		T	I	M		L	O	G
S	H	A	R	I		E	P	I	T	A	P	H
		P	E	O	P	L	E		A	R	E	A
A	W	L		N	I	L		O	B	E	Y	S
D	E	E	D		C	A	M	E	L			
S	T	R	E	A	K		A	R	E	T	H	A
			C	R	Y	P	T		T	A	I	L
B	O	S	O	M		A	I	M		P	E	P
O	V	I	D		J	U	N	I	O	R		
W	I	R	E	T	A	P		C	L	O	S	E
E	N	E		O	D	E		A	L	O	U	D
R	E	D		P	E	R		S	A	M	B	L

7	8	3	1	9	6	4	2	5
5	6	2	7	4	3	8	9	1
9	1	4	5	8	2	7	6	3
2	5	8	9	1	4	6	3	7
3	4	9	6	5	7	2	1	8
6	7	1	2	3	8	9	5	4
1	3	7	4	2	9	5	8	6
4	2	5	8	6	1	3	7	9
8	9	6	3	7	5	1	4	2

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SUDOKU SOLVE TIME:

- Under 13 min .....Genius  
13-17 min.....Scholar

- 17-21 min .....Smart  
21-25 min .....Not bad  
25+ min.....Keep practising

Recipe of the day



Balsamic Veal Escalopes

INGREDIENTS:

- 1 lb (500 g) cherry tomatoes  
1 tbsp (15 mL) olive oil  
4 veal escalopes  
2 oz (60 g) butter  
2 tbsp (25 mL) balsamic vinegar  
2 tbsp (25 mL) snipped fresh chives

METHOD:

1. Preheat oven to 350°F (180°C). Toss tomatoes in oil, then place in a roasting pan and bake for 12–15 minutes.  
2. Meanwhile, lay out veal pieces between two sheets of plastic wrap. Using a meat mallet or heavy rolling pin, pound veal to flatten it.  
3. Heat butter in a frying pan until it starts to foam, add veal and cook over a moderate heat for two minutes on each side, or until tender. Remove from the pan and set aside in a warm place.

4. Pour balsamic vinegar into the pan with buttery juices. Stir, then bring to boil. Cook sauce over a high heat for five minutes, or until sauce has reduced by half.  
5. Return veal to the pan briefly to reheat, then sprinkle with chives before serving with cherry tomatoes.

PER SERVING

361 calories, 22 g total fat, 10 g saturated fat, 3 g carbohydrate, 2 g fibre, 38 g protein

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20



An awful meeting will give you some good cheer. It's time to buy something old. A mature friend will do a favour for you.

LIBRA

SEPT 23-OCT 23



You'll perform some damage control. A spiritual person tries to influence an ill-mannered guy. Help out a resentful woman.

TAURUS

APRIL 21-MAY 21



Worry evaporates when you start to make money. All shall be well sooner than expected. A missing person arrives after a problem is fixed.

SCORPIO

OCT 24-NOV 22



A domestic man gets back to normal. You'll become a statistic if you don't pay attention. Your fondness grows for a low-key lackey.

GEMINI

MAY 22-JUNE 21



A hard worker stumbles while getting something done. A careless conflict can be resolved. A tranquil person is involved in a commotion.

SAGITTARIUS

NOV 23-DEC 21



A friend is going through a tough time. Your energy level increases and targets are met. Nature triumphs over nurture.

CANCER

JUNE 22-JULY 22



An honourable person makes a suggestion. Be more lenient to help your cause. Someone will offer you money.

CAPRICORN

DEC 22-JAN 20



You'll find what you're looking for. Don't use deceit to get what you want. Say goodbye to a dreadful situation.

LEO

JULY 23-AUG 23



Being sweet will get you what you want. Inattentiveness will lead to harsh words. Increase your health insurance.

AQUARIUS

JAN 21-FEB 18



An awesome sight jogs somebody's memory. Something that was lost isn't needed. A good-for-nothing guy arrives with a smile.

VIRGO

AUG 24-SEPT 22



A wardrobe malfunction could lead to embarrassment. A self-important fool's mistakes will create mirth. Be brave enough to do what needs doing.

PISCES

FEB 19-MARCH 20



Avoid someone who is mulling things over. A bad-tempered nuisance makes you livid. Visit the person who loves you the most.

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This day in history

- NOV. 10, 1520: Danish King Christian II executes dozens of people in the Stockholm Bloodbath after a successful invasion of Sweden.  
NOV. 10, 1775: The United States Marine Corps was founded.  
NOV. 10, 1928: Michinomiya Hirohito is crowned the 124th Emperor of Japan, Emperor Showa.  
NOV. 10, 1940: Walt Disney begins serving as an informer for the Los Angeles office of the FBI; his job is to report back information on Hollywood subversives.  
NOV. 10, 1951: Direct-dial coast-to-coast telephone service begins in the United States.

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